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Name Brian Nanavaty

NA Graduate 255th Session

Company/Agency Safe Call Now/Indianapolis Metropolitan Police /Organization Department

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Topic of Employee Development and Wellness **Presentation**

Title of Employee Development and Wellness- Healthy Presentation HIre-Healthy Retire

Length of Presentation

1-8 hours

Presentation Objective

Healthy Hire, Healthy Retire: Officer Wellness Is More Than Just an Annual Physical... How Agencies Could Promote Successful Personal and Career Development and Wellness from Hiring through Retirement

Presentation Description Employee wellness should not wait for crisis to occur, but should begin during the hiring process. Wellness should include preventative programs aimed at both the professional and personal development of employees. Workplace experts advocate that by identifying healthy applicants and partnering to maintain employee health, the organization has the potential to improve morale and productivity and reduce complaints and liability. For companies that can fire, hire and train a new employee in half a day the long-term health of employees is negligible. For public safety organizations, with lengthy hiring processes and huge investments in money, training, equipment and reputation; it is imperative to identify "ideal" candidates and then work to keep them

healthy.

In 2013, Safe Call Now searched the nation for an example of a successful employee development and wellness program that could serve as a model for agencies by providing education and strategies proven to reduce employee crisis. The search led them to Indianapolis where Captain Brian Nanavaty had established an innovative employee-agency program that in 4 years had intervened with over 500 law enforcement officers and had reduced performance related (disciplinary) referrals by 40 percent and increased the number of peer referrals and officers seeking voluntary intervention for personal and career distress issues by 300 percent. In 2015 Captain Nanavaty was named a finalist for the Destination Zero Award presented by the National Law Enforcement Officers Memorial Fund and the DOJ Bureau of Justice Assistance.

Speaker Bio

Captain Brian R. Nanavaty spent 32 years with Indianapolis Metropolitan Police Department and currently serves as Director of Curriculum and Training for Safe Call Now in addition to instructing for the Legal and Liability Risk Management Institute for the Public Agency Training Council. He was adjunct professor of criminal justice at Indiana and Purdue Universities and has been featured at IACP, ILEETA, IADLEST, FOP and NOBLE conferences. Nanavaty has appeared on Police One.com and in the FBI Bulletin and Law and Order magazines. He is the author of "Why Officers and Agencies Fail (PATC 2013)" and is a graduate of FBI NA Session 255.

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